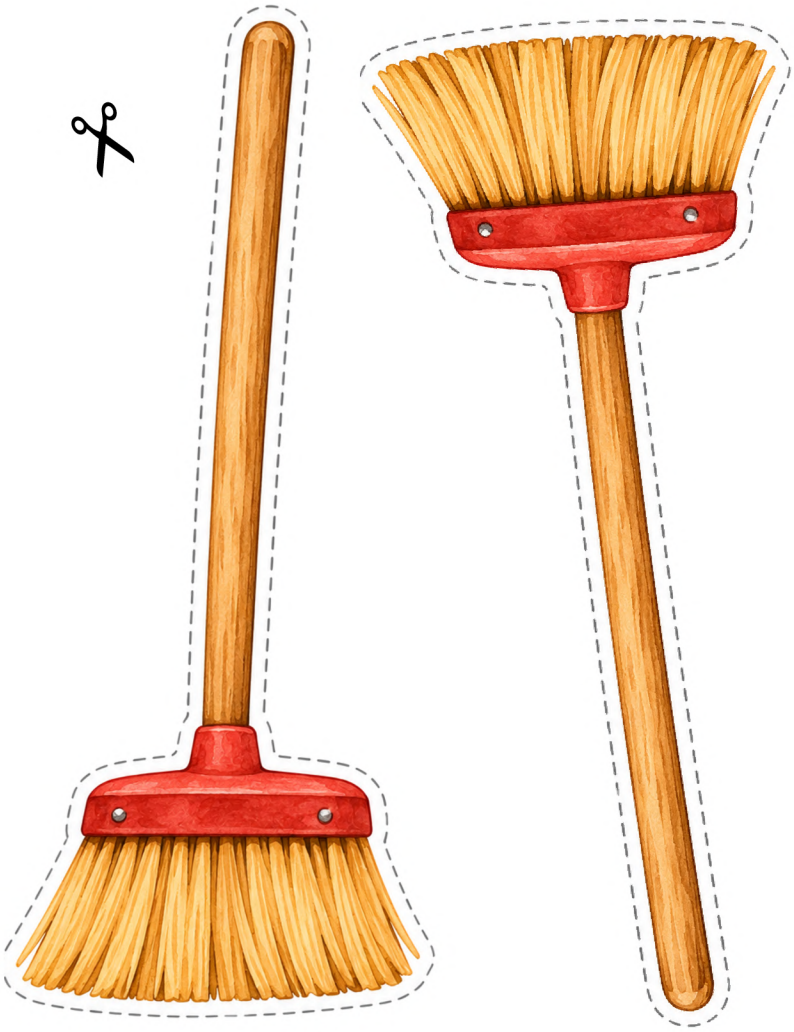
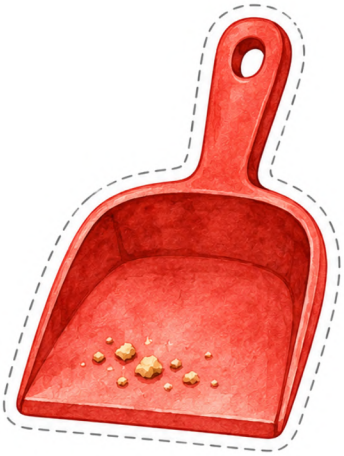








helpfully