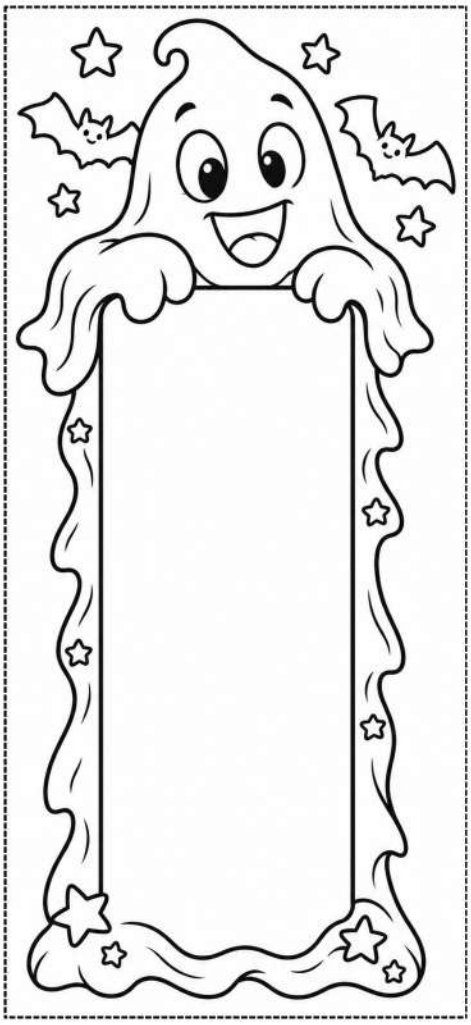

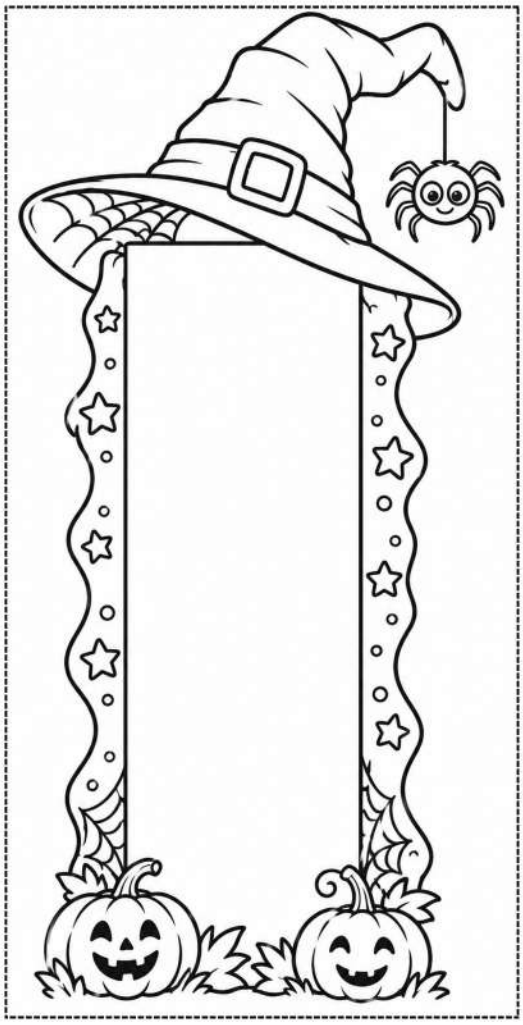

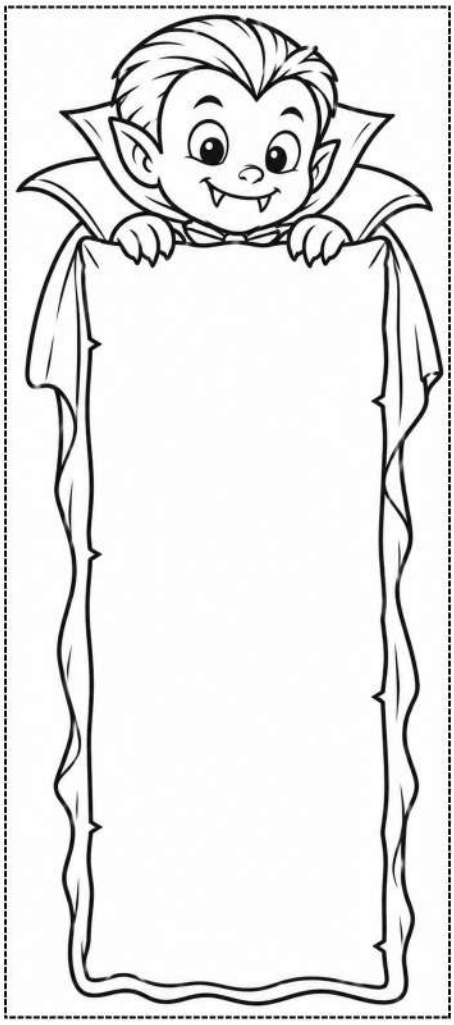

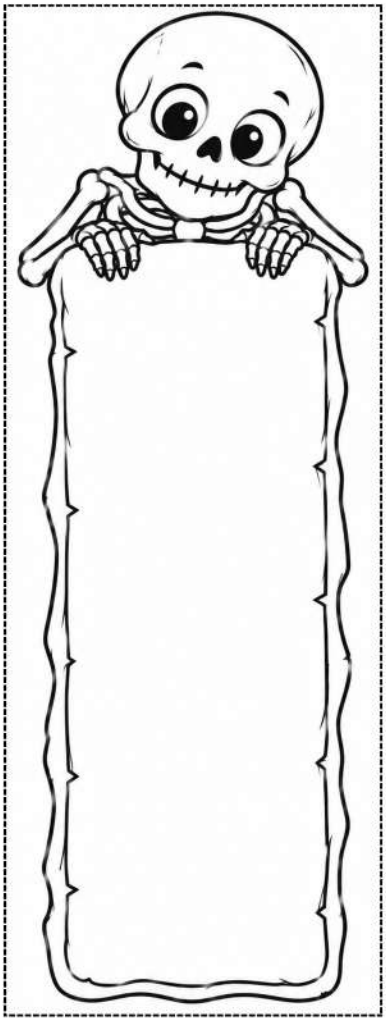

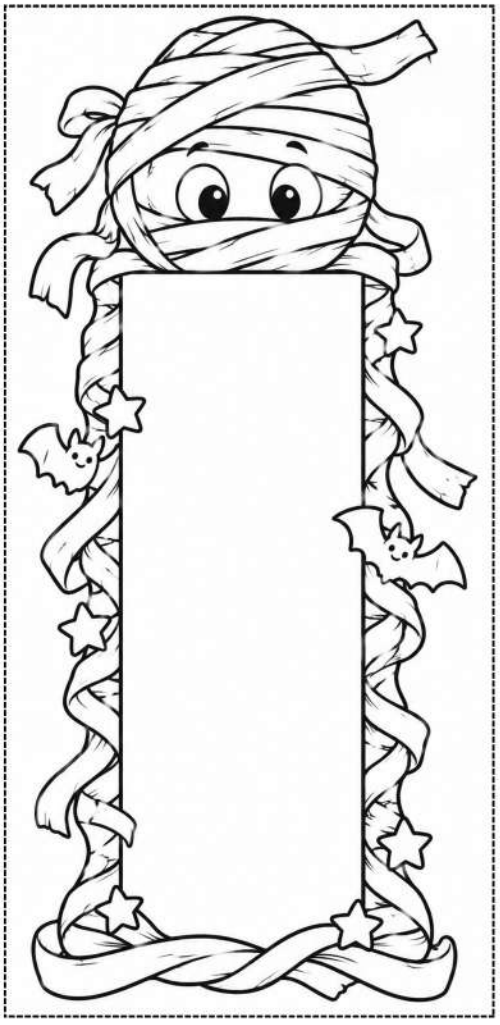

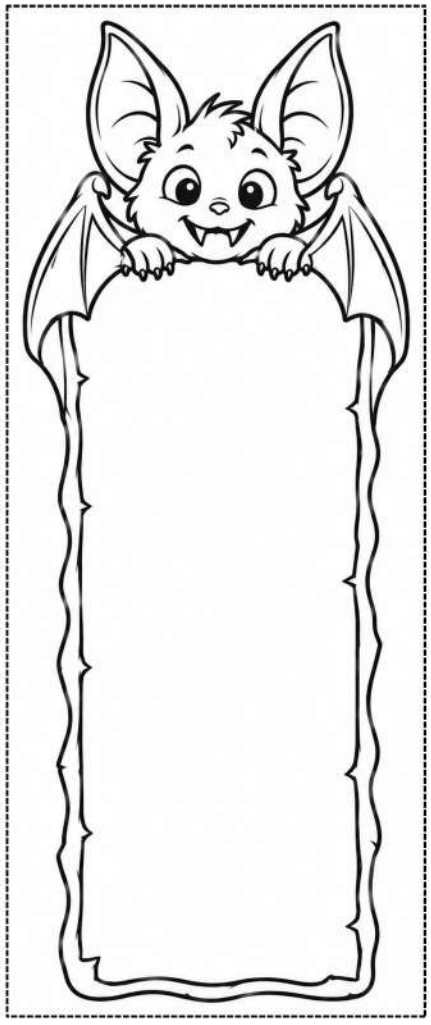

helpfully